

Elk River Nordic Team: 2013-2014 Season
5 km Classic Race/10 km Relay
 Eagle Lake Park, January 9, 2014

Relay Results

NAMES	LAP 1	LAP 2	LAP 3	LAP 4	TOTAL
Joey & Breck	0:05:54	0:06:03	0:06:13	0:06:02	0:25:12
Dan & Colin	0:06:56	0:07:00	0:07:07	0:07:01	0:29:04
Peyton & Karl	0:07:32	0:07:00	0:07:47	0:07:02	0:30:21
Aaron & Bradley	0:07:48	0:07:40	0:07:45	0:07:27	0:31:40
Ben V. & Jonny	0:07:27	0:07:24	0:07:35	0:07:17	0:30:43

Relay Results

NAMES	LAP 1	LAP 2	LAP 3	LAP 4	TOTAL
Reece & Mallory	0:07:27	0:07:54	0:07:37	0:07:56	0:32:54
Brittney & Maggie	0:07:40	0:07:51	0:07:50	0:07:53	0:33:14
Shannon & Ali	0:08:04	0:08:56	0:07:55	0:08:39	0:35:34
Ally & Emma	0:08:27	0:08:25	0:08:39	0:08:35	0:36:06
Tori & Lydia	0:09:04	0:08:55	0:09:09	0:08:43	0:37:51

	Lap 1	Lap 2	Total
Breck	0:06:03	0:06:02	0:12:05
Joey	0:05:54	0:06:13	0:12:07
Colin	0:07:00	0:07:01	0:14:01
Karl	0:07:00	0:07:02	0:14:02
Dan	0:06:56	0:07:07	0:14:03
Jonny	0:07:24	0:07:17	0:14:41
Ben V.	0:07:27	0:07:35	0:15:02
Bradley	0:07:40	0:07:27	0:15:07
Peyton	0:07:32	0:07:47	0:15:19
Aaron	0:07:48	0:07:45	0:15:33

	Lap 1	Lap 2	Total
Reece	0:07:27	0:07:37	0:15:04
Brittney	0:07:40	0:07:50	0:15:30
Maggie	0:07:51	0:07:53	0:15:44
Mallory	0:07:54	0:07:56	0:15:50
Shannon	0:08:04	0:07:55	0:15:59
Emma	0:08:25	0:08:35	0:17:00
Ally	0:08:27	0:08:39	0:17:06
Ali	0:08:56	0:08:39	0:17:35
Lydia	0:08:55	0:08:43	0:17:38
Tori	0:09:04	0:09:09	0:18:13

Boys 5.0 km 2 Lap Course

Conditions: 17 Degrees,

ORDER	NAME	GRADE	LAP 1	LAP 2	TOTAL	% BACK
1	Luke Hemphill	12	0:07:31	0:06:58	0:14:29	0.00%
2	Zach Glasgow	11	0:07:35	0:07:12	0:14:47	2.07%
3	Cory Warner	10	0:07:40	0:08:03	0:15:43	8.52%
4	Matt Vrchota	11	0:07:50	0:08:18	0:16:08	11.39%
5	Nick Frey	11	0:08:03	0:08:27	0:16:30	13.92%
6	Jeremy Hanson	12	0:08:32	0:08:29	0:17:01	17.49%
7	Jacob Nardini	11	0:08:36	0:08:42	0:17:18	19.45%
8	Andrew Davies	11	0:08:37	0:08:56	0:17:33	21.17%
9	Jacob Thompson	10	0:08:28	0:09:09	0:17:37	21.63%
10	Andrew Elmquist	10	0:08:30	0:09:32	0:18:02	24.51%
11	Jakob Dotterer	10	0:08:43	0:09:22	0:18:05	24.86%
12	Ben Sylvester	11	0:09:05	0:09:22	0:18:27	27.39%
13	Jan Neumann	12	0:09:18	0:09:55	0:19:13	32.68%
14	Jarod Gill	9	0:09:27	0:09:50	0:19:17	33.14%
15	Dalton Mahs	9	0:09:39	0:10:05	0:19:44	36.25%
16	Nick Zierden	12	0:10:00	0:10:12	0:20:12	39.47%
17	Austin Borreson	12	0:09:58	0:10:50	0:20:48	43.61%
18	Quinton Gilbertson	9	0:11:10	0:11:20	0:22:30	55.35%
19	Jake Griffiths	10	0:12:10	0:12:01	0:24:11	66.97%
20	Espen Olson	8	0:12:49	0:13:19	0:26:08	80.44%

Girls 5.0 km 2 Lap Course

Conditions: 16 Degrees,

ORDER	NAME	GRADE	LAP 1	LAP 2	TOTAL	% BACK
1	Hannah Lee	11	0:08:38	0:09:24	0:18:02	0.00%
2	Katelyn Kemmitmueller	10	0:10:26	0:10:12	0:20:38	14.42%
3	Angie Hipsag	11	0:10:19	0:10:25	0:20:44	14.97%
4	Madison Anderson	12	0:09:56	0:10:55	0:20:51	15.62%
5	Peightyn Karsten	9	0:10:14	0:10:56	0:21:10	17.38%
6	Brooke Dorn	10	0:10:25	0:11:22	0:21:47	20.79%
7	Taylor Nelson	10	0:10:34	0:11:21	0:21:55	21.53%
8	Colette Woyke	11	0:11:23	0:11:59	0:23:22	29.57%
9	Alicia Peterson	11	0:12:09	0:12:11	0:24:20	34.94%
10	Ashley Lind	10	0:12:09	0:12:33	0:24:42	36.97%
11	Kaja Montplaisir	8	0:12:16	0:12:49	0:25:05	39.09%
12	Sydney Redepenning	7	0:12:16	0:13:18	0:25:34	41.77%
13	Cheresa Bouley	7	0:12:13	0:13:27	0:25:40	42.33%
14	Carlee Kjeldahl	12	0:12:31	0:13:40	0:26:11	45.19%
15	Carly Vrchota	8	0:12:33	0:14:29	0:27:02	49.91%
16	Eva Bednarz	8	0:12:33	0:14:38	0:27:11	50.74%
17	Michaela Burns	12	0:13:24	0:14:35	0:27:59	55.18%
18	Madison Mitzuk	7	0:13:18	0:14:42	0:28:00	55.27%
19	Mckenzie Shied	8	0:13:28	0:14:34	0:28:02	55.45%