

Elk River Nordic Team: 2012-2013 Season
10 km Skate Relay/5km Skate Race
 Eagle Lake, January 8, 2013

Team Results
Boys 10.0 km Relay Winning Time: 23:01

Skate Race, Real Snow
 Conditions: 32 Degrees,

<u>ORDER</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>FINAL</u>	<u>TIME BACK</u>	<u>% BACK</u>
1	Breck & Jake	Elk River	0:23:01	0:00:00	0.00%
2	Joey & Nate	Elk River	0:23:17	0:00:16	1.16%
3	Mueggenberg and Heida	Coon Rapids 1	0:23:18	0:00:17	1.23%
4	Coughlin and Coughlin	Coon Rapids 2	0:24:04	0:01:03	4.56%
5	Brasier and Heaton	Maple Grove	0:24:20	0:01:19	5.72%
6	Wetzel and Berkowitz	Osseo	0:24:50	0:01:49	7.89%
7	Curwick and Schumer	Osseo	0:24:51	0:01:50	7.97%
8	Johnson and Mehrhof	Coon Rapids 3	0:25:32	0:02:31	10.93%
9	Team 1	Anoka	0:25:40	0:02:39	11.51%
10	Graham and Calabria	Maple Grove	0:26:04	0:03:03	13.25%
11	Team 2	Anoka	0:26:06	0:03:05	13.40%
12	Jedynak and Schulte	Osseo	0:26:06	0:03:05	13.40%
13	Kronstad and Chouinard	Coon Rapids 5	0:26:08	0:03:07	13.54%
14	Fedje and Koch	Coon Rapids 4	0:26:36	0:03:35	15.57%
15	Tommy & Mitch	Elk River	0:26:56	0:03:55	17.02%
16	Eich and Dehmer	Osseo	0:26:58	0:03:57	17.16%
17	Ryan & Matt	Elk River	0:27:08	0:04:07	17.89%
18	Dan & Ben	Elk River	0:27:17	0:04:16	18.54%
19	Rem and Bare	Maple Grove	0:27:27	0:04:26	19.26%
20	E. Jackels and Fix	Maple Grove	0:27:30	0:04:29	19.48%
21	Carline and Gooley	Osseo	0:27:36	0:04:35	19.91%
22	Team 3	Anoka	0:27:55	0:04:54	21.29%
23	Team 4	Anoka	0:28:12	0:05:11	22.52%
24	McLain and Carstensen	Maple Grove	0:30:03	0:07:02	30.56%
25	Team 5	Anoka	0:30:15	0:07:14	31.43%

Girls 10 km Relay Winning Time: 25:54

Conditions: 32 Degrees,

<u>ORDER</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>FINAL</u>	<u>TIME BACK</u>	<u>% BACK</u>
1	Shagen and Thompson	Osseo	0:25:54	0:00:00	0.00%
2	Nelson and Benson	Coon rapids	0:26:54	0:01:00	3.86%
3	Anderson and Bezdicek	Osseo	0:27:40	0:01:46	6.82%
4	Team 1	Anoka	0:28:10	0:02:16	8.75%
5	Mary & Reece	Elk River	0:28:19	0:02:25	9.33%
6	Team 2	Anoka	0:28:20	0:02:26	9.40%
7	Brittney & Mallory	Elk River	0:28:24	0:02:30	9.65%
8	L. Jackels and Aarons	Maple Grove	0:28:33	0:02:39	10.23%
9	Kiecker and Jensen	Coon rapids	0:28:37	0:02:43	10.49%

10	Team 3	Anoka	0:29:25	0:03:31	13.58%
11	Shannon & Anna	Elk River	0:29:41	0:03:47	14.61%
12	Wright and Todey	Osseo	0:30:07	0:04:13	16.28%
13	Porter and Benson	Coon rapids	0:30:42	0:04:48	18.53%
14	Fink and Berndt	Maple Grove	0:30:55	0:05:01	19.37%
15	Mangle and Badger	Maple Grove	0:31:21	0:05:27	21.04%
16	Kwon and Kurpiers	Maple Grove	0:31:24	0:05:30	21.24%
17	Bunnell and Bodensteinier	Maple Grove	0:31:25	0:05:31	21.30%
18	Team 4	Anoka	0:31:37	0:05:43	22.07%
19	Maggie & Emma	Elk River	0:31:53	0:05:59	23.10%
20	Hyde and Huntching	Coon rapids	0:32:39	0:06:45	26.06%
21	Jackie & Ali	Elk River	0:33:06	0:07:12	27.80%
22	Schoenrock and Soderstrom	Osseo	0:33:34	0:07:40	29.60%
23	Team 5	Anoka	0:33:38	0:07:44	29.86%
24	Wetzel and Polich	Osseo	0:34:06	0:08:12	31.66%
25	Hatch and Zabaske	Coon rapids	0:37:39	0:11:45	45.37%

Boys 5 km 2 Loop Course Winning Time: 13:32

Conditions: 32 Degrees,

<u>ORDER</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>FINAL</u>	<u>% BACK</u>	<u>TIME BACK</u>
1	Ryan Peterson	Maple Grove	13:32	0:00:00	0.00%
2	Dan Matthews	Coon Rapids	13:32	0:00:00	0.00%
3	Josiah Kohlmeyer	Coon Rapids	14:07	0:35:00	4.31%
4	Nathan Porter	Coon Rapids	14:15	0:43:00	5.30%
5	Mike Koch	Coon Rapids	14:26	0:54:00	6.65%
6	Samuel Carroll	Osseo	14:26	0:54:00	6.65%
7	Tommy Kiecker	Coon Rapids	14:30	0:58:00	7.14%
8	Michael Tormoen	Elk River	14:30	0:58:00	7.14%
9	Ryan Nelson	Coon Rapids	14:41	1:09:00	8.50%
10	Jonny Tormoen	Elk River	14:59	1:27:00	10.71%
11	Cody Werner	Osseo	15:06	1:34:00	11.58%
12	Benjamin Miller	Osseo	15:09	1:37:00	11.95%
13	Luc Robichaud	Osseo	15:11	1:39:00	12.19%
14	Aaron Ley	Elk River	15:19	1:47:00	13.18%
15	Peyton Reibel	Elk River	15:35	2:03:00	15.15%
16	Colin Webster	Elk River	15:36	2:04:00	15.27%
17	Luke Hemphill	Elk River	15:50	2:18:00	17.00%
18	Johnathan Soderstrom	Osseo	16:00	2:28:00	18.23%
19	Schyuler Moore	Maple Grove	16:06	2:34:00	18.97%
20	Nathan Moran	Maple Grove	16:08	2:36:00	19.21%
21	Andrew Elmquist	Elk River	16:11	2:39:00	19.58%
22	Matthew Berg	Osseo	16:23	2:51:00	21.06%
23	Ken Ellingsen	Maple Grove	16:29	2:57:00	21.80%
24	Justin White	Maple Grove	16:32	3:00:00	22.17%

25	Ken Gast	Anoka	16:35	3:03:00	22.54%
26	Nathan Mueggenberg	Coon Rapids	16:41	3:09:00	23.28%
27	Alexander Naughton	Osseo	16:46:00	3:14:00	23.89%
28	Joe Jackels	Maple Grove	16:53	3:21:00	24.75%
29	Andy Davies	Elk River	16:58	3:26:00	25.37%
30	DJ Rekstad	Maple Grove	16:59	3:27:00	25.49%
31	Bradley Beaver	Elk River	17:00	3:28:00	25.62%
32	Drew Billett	Anoka	17:05	3:33:00	26.23%
33	Zach Pias	Maple Grove	17:07	3:35:00	26.48%
34	Jake Endres	Maple Grove	17:09	3:37:00	26.72%
35	Nick Frey	Elk River	17:14	3:42:00	27.34%
36	Jacob Thompson	Elk River	17:29	3:57:00	29.19%
37	Joe Coughlin	Coon Rapids	17:31	3:59:00	29.43%
38	Jake Gregersen	Elk River	17:34	4:02:00	29.80%
39	Taylor Dallman	Elk River	17:38	4:06:00	30.30%
40	Andrew Fedje	Coon Rapids	17:52	4:20:00	32.02%
41	Nick Rem	Maple Grove	17:53	4:21:00	32.14%
42	Luke Kolstad	Maple Grove	17:57	4:25:00	32.64%
43	Ryan Burget	Maple Grove	17:57	4:25:00	32.64%
44	Noah Adams	Elk River	18:05	4:33:00	33.62%
45	James Khorets	Osseo	18:09	4:37:00	34.11%
46	Ben O'Hearn	Maple Grove	18:15	4:43:00	34.85%
47	Caleb Ostvig	Maple Grove	18:23	4:51:00	35.84%
48	Charlie Raasch	Maple Grove	18:24	4:52:00	35.96%
49	Vladimir	Maple Grove	18:26	4:54:00	36.21%
50	Jeremy Hanson	Elk River	18:34	5:02:00	37.19%
51	Kasey Carlson	Maple Grove	18:46	5:14:00	38.67%
52	Bobby Lundborg	Anoka	18:48	5:16:00	38.92%
53	Erik Strootman	Osseo	18:57	5:25:00	40.02%
54	John Nguyen	Osseo	18:58	5:26:00	40.15%
55	Joe Thoen	Coon Rapids	19:01	5:29:00	40.52%
56	Kyle Brotkowski	Anoka	19:05	5:33:00	41.01%
57	Mike Rehmann	Maple Grove	19:08	5:36:00	41.38%
58	Jakob Dotterer	Elk River	19:16	5:44:00	42.36%
59	Kevin Simon	Anoka	19:21	5:49:00	42.98%
60	Paul Breitbach	Coon Rapids	19:23	5:51:00	43.23%
61	Noah Schlichting	Anoka	19:23	5:51:00	43.23%
62	Blake Fortin	Maple Grove	19:30	5:58:00	44.09%
63	Sala Deban	Coon Rapids	19:31	5:59:00	44.21%
64	Jon Meyers	Anoka	19:44	6:12:00	45.81%
65	Parker Wright	Maple Grove	19:49	6:17:00	46.43%
66	Christian Tanner	Anoka	19:50	6:18:00	46.55%
67	isaac Holcomb	Maple Grove	19:53	6:21:00	46.92%
68	Espen Olsen	Elk River	19:57	6:25:00	47.41%

69	Tyler Grant	Osseo	20:24	6:52:00	50.74%
70	Tyler Linman	Osseo	20:30	6:58:00	51.48%
71	Stig Filip Sivertsson	Osseo	20:33	7:01:00	51.85%
72	Daniel Grover	Osseo	20:42	7:10:00	52.96%
73	Tom Koch	Coon Rapids	21:04	7:32:00	55.67%
74	Connor Maloney	Osseo	21:16	7:44:00	57.14%
75	Marcus Corbin	Osseo	21:32	8:00:00	59.11%
76	Dakota Weigel	Maple Grove	22:00	8:28:00	62.56%
77	John Harbinson	Maple Grove	22:04	8:32:00	63.05%
78	Jeremy Radke	Elk River	22:23	8:51:00	65.39%
79	Ben Hauge	Anoka	22:37	9:05:00	67.12%
80	Jack Anderson	Anoka	22:45	9:13:00	68.10%
81	Zachary Pedersen	Osseo	23:27	9:55:00	73.28%
82	Cole Williams	Anoka	24:02:00	10:30:00	77.59%
83	Alexander Pedersen	Osseo	24:48:00	11:16:00	83.25%
84	Elijah Uecker	Anoka	26:55:00	13:23:00	98.89%

Team Results
Girls 5 km 2 Loop Course Winning Time: 14:47

Skate Race, Real Snow
Conditions: 32 Degrees,

<u>ORDER</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>FINAL</u>	<u>% BACK</u>	<u>TIME BACK</u>
1	Gaia Garrone	Coon Rapids	14:47	0:00:00	0.00%
2	Kendall Johnson	Maple Grove	16:33	1:46:00	11.95%
3	Tori Morgan	Elk River	16:42	1:55:00	12.97%
4	Aly Sternamen	Elk River	17:06	2:19:00	15.67%
5	Jenna Hughes	Maple Grove	17:25	2:38:00	17.81%
6	Sophie Vrba	Maple Grove	17:25	2:38:00	17.81%
7	Cora Neisen	Maple Grove	17:32	2:45:00	18.60%
8	Hannah Lee	Elk River	17:33	2:46:00	18.71%
9	Mariah Morrisette	Maple Grove	17:36	2:49:00	19.05%
10	Jessica Barry	Maple Grove	17:38	2:51:00	19.28%
11	Taylor Nelson	Elk River	17:42	2:55:00	19.73%
12	Britta Dahl	Maple Grove	17:45	2:58:00	20.07%
13	Jessica Klutch	Elk River	17:48	3:01:00	20.41%
14	Abigail Fridgen	Osseo	17:49	3:02:00	20.52%
15	Ellie Hudson	Elk River	17:50	3:03:00	20.63%
16	Lauren Laplace	Maple Grove	17:58	3:11:00	21.53%
17	Cassie Schmid	Maple Grove	17:58	3:11:00	21.53%
18	Megan Pinkowski	Maple Grove	18:05	3:18:00	22.32%
19	Anna Badger	Maple Grove	18:10	3:23:00	22.89%
20	PK Calengor	Maple Grove	18:19	3:32:00	23.90%
21	Madelyn Hvidston	Osseo	18:22	3:35:00	24.24%
22	Anna Neumann	Maple Grove	18:26	3:39:00	24.69%
23	Josie Lux	Anoka	18:28	3:41:00	24.92%

24	Marta Larson	Anoka	18:35	3:48:00	25.70%
25	Galadriel O'Grady	Coon Rapids	18:40	3:53:00	26.27%
26	Sidney Whiteis	Maple Grove	18:41	3:54:00	26.38%
27	Isabelle Brezinka	Anoka	18:41	3:54:00	26.38%
28	Mady Rojer	Maple Grove	18:43	3:56:00	26.61%
29	Olivia Wicker	Maple Grove	18:45	3:58:00	26.83%
30	Isabel Maertens	Elk River	19:01	4:14:00	28.64%
31	Blanche Danacek	Maple Grove	19:03	4:16:00	28.86%
32	Michaela Lundborg	Anoka	19:03	4:16:00	28.86%
33	Brooke Dorn	Elk River	19:06	4:19:00	29.20%
34	Sophie Samson	Maple Grove	19:16	4:29:00	30.33%
35	Abby Chesness	Anoka	19:25	4:38:00	31.34%
36	Wendy Richards	Maple Grove	19:28	4:41:00	31.68%
37	Lauren Durdin	Osseo	19:30	4:43:00	31.91%
38	Carlee Kjeldahl	Elk River	19:32	4:45:00	32.13%
39	Emily Yaklich	Maple Grove	19:34	4:47:00	32.36%
40	Tessa Lassare	Elk River	19:42	4:55:00	33.26%
41	Ruby Gunderson	Elk River	19:50	5:03:00	34.16%
42	Margarette Raasch	Maple Grove	19:52	5:05:00	34.39%
43	Rachel Eichstadt	Coon Rapids	20:06	5:19:00	35.96%
44	Lydia Carr	Elk River	20:07	5:20:00	36.08%
45	Taylor Davey	Maple Grove	20:10	5:23:00	36.41%
46	Madelin Arbeiter	Maple Grove	20:13	5:26:00	36.75%
47	Morgan Palyan	Maple Grove	20:15	5:28:00	36.98%
48	Marrah Nightingale	Maple Grove	20:19	5:32:00	37.43%
49	Elizabeth Stanke	Osseo	20:21	5:34:00	37.66%
50	Grace Lewis	Osseo	20:31	5:44:00	38.78%
51	Gracie Scheid	Elk River	20:32	5:45:00	38.90%
52	Cristin Curwick	Osseo	20:38	5:51:00	39.57%
53	Maren Strootman	Osseo	20:43	5:56:00	40.14%
54	Samara Strootman	Osseo	20:56	6:09:00	41.60%
55	Kaitlyn Kemmetmuller	Elk River	21:07	6:20:00	42.84%
56	Abby Jacobs	Maple Grove	21:07	6:20:00	42.84%
57	Alliana Houfek	Osseo	21:08	6:21:00	42.95%
58	Sarah Kjome	Maple Grove	21:15	6:28:00	43.74%
59	Kalya Barry	Maple Grove	21:30	6:43:00	45.43%
60	Elizabeth Kriz	Maple Grove	21:34	6:47:00	45.89%
61	Madeline Thomas	Osseo	21:49	7:02:00	47.58%
62	Angie Hipsag	Elk River	21:50	7:03:00	47.69%
63	Libby Kriz	Maple Grove	21:51	7:04:00	47.80%
64	Madison Anderson	Elk River	21:56	7:09:00	48.37%
65	Frankie Halter	Anoka	22:00	7:13:00	48.82%
66	Kaylee Fickle	Osseo	22:16	7:29:00	50.62%
67	Kylie Braiser	Maple Grove	22:18	7:31:00	50.85%

68	Sydney Paulson	Anoka	22:18	7:31:00	50.85%
69	Allison Berndt	Maple Grove	22:38	7:51:00	53.10%
70	Kalie Manke	Anoka	22:40	7:53:00	53.33%
71	Madeline Schwartz	Maple Grove	22:43	7:56:00	53.66%
72	Alyssa Dallman	Elk River	22:52	8:05:00	54.68%
73	Lauren Lee	Elk River	22:53	8:06:00	54.79%
74	Katie Crocker	Elk River	23:01	8:14:00	55.69%
75	Hannah Schmelling	Maple Grove	23:21	8:34:00	57.95%
76	Jaide Friese	Elk River	23:29	8:42:00	58.85%
77	Alison Wermager	Osseo	23:38	8:51:00	59.86%
78	Jana Picotte	Anoka	23:38	8:51:00	59.86%
79	Michelle Perri	Osseo	23:40	8:53:00	60.09%
80	Carolyn Palmer	Maple Grove	23:40	8:53:00	60.09%
81	Rachel Miller	Elk River	23:43	8:56:00	60.43%
82	Claire Anderson	Maple Grove	23:49	9:02:00	61.10%
83	Allison Muehlbauer	Osseo	0:22	9:35:00	64.83%
84	Aleah Perkins	Coon Rapids	24:29	9:42:00	65.61%
85	Christina Wall	Maple Grove	24:30:00	9:43:00	65.73%
86	Anne Stec	Maple Grove	24:40:00	9:53:00	66.85%
87	Mckenzie Scheid	Elk River	24:44:00	9:57:00	67.31%
88	Michelle McNamee	Maple Grove	24:58:00	10:11:00	68.88%
89	Caitlion Marino	Maple Grove	25:04:00	10:17:00	69.56%
90	Anna Fix	Maple Grove	25:06:00	10:19:00	69.79%
91	Breana Stang	Elk River	25:08:00	10:21:00	70.01%
92	Kalli Christensen	Maple Grove	25:10:00	10:23:00	70.24%
93	Allie Visker	Coon Rapids	25:17:00	10:30:00	71.03%
94	Amanda Tyler	Maple Grove	25:22:00	10:35:00	71.59%
95	Angela Kosando	Maple Grove	26:22:00	11:35:00	78.35%
96	Gabrielle Horsford	Osseo	26:28:00	11:41:00	79.03%
97	Anne Mosley	Maple Grove	26:40:00	11:53:00	80.38%
98	Mikayla Bruns	Elk River	26:48:00	12:01:00	81.29%
99	Abigail Erickson	Osseo	27:03:00	12:16:00	82.98%
100	Emily Brand	Anoka	27:20:00	12:33:00	84.89%
101	Emma Steffens	Anoka	27:20:00	12:33:00	84.89%
102	Katelyn Skrivseth	Maple Grove	28:06:00	13:19:00	90.08%
103	Madison Sharp	Maple Grove	28:24:00	13:37:00	92.11%
104	Riley Yaeger	Maple Grove	28:26:00	13:39:00	92.33%
105	Mackenzie Hanson	Maple Grove	28:46:00	13:59:00	94.59%
106	Amalia Buck	Maple Grove	29:50:00	15:03:00	101.80%
107	Kayla Wagner	Anoka	34:45:00	19:58:00	135.06%
108	Greta Edholm	Anoka	35:42:00	20:55:00	141.49%